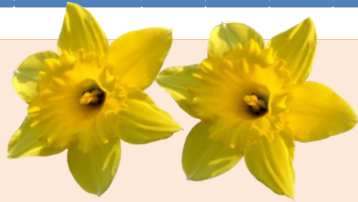
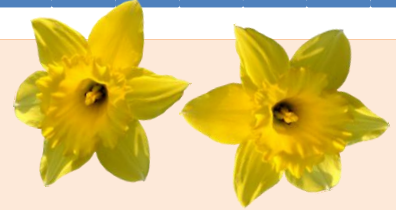


NEWSLETTER



Annual Report



I hope you are doing as well as possible under the current somewhat difficult circumstances.

There have been, I'm sure, times when we've all felt that our resilience has been stretched to the very limit.

Life may not be the same for a little while yet, but at least we can begin to see a return to the old normal ahead of us.

You may recall that Millicent Martin sang "that was the week that was" in the early 60's, if you substitute *year* for *week* that would certainly make an appropriate title for 2020.

Unfortunately, the next line started "it's over let it go.....," as we are now approaching Spring 2021 it is uncertain who will be victorious in the battle of vaccination v viral variants and whether this year will be an improvement on the last year when we appeared to be in and out of various forms of lockdown.

Hopefully we can put 2020 behind us and move forward to a degree of normality.

The vaccination roll out in Wales was initially slow, but there was then a marked acceleration in the programme of vaccinating those in Group 1 – 4, which encompasses the majority of our members, literally "a shot in the arm".

By April 2021 we should all be more comfortable in our daily activities whilst still maintaining the well-publicised safe practices.

The opportunity in getting to know our local area better on our daily "lockdown walks" has been a benefit in the way our daily activities have changed.

It is still too early to suggest a date for branch meetings and events to recommence.

If and when it is safe to do so, all members on the database will be made aware of the resumption of branch activities in good time.

So, for obvious reasons, activity for our branch in the past year has unfortunately been minimal.

We have strived to keep in touch with the circulation of additional newsletters and those with e-mail accounts to receive daily "jokes" (my thanks to all of those that have and continue to send them to my address, subject to in house censorship rules(!!!) the majority are eventually forwarded on)

Central office has kept in touch either by e-mail or post with their regular newsletters.

Sally Bundock, South East England / East Anglia Development Officer, was responsible for setting up the regular Mirthy Talks which have covered a wide range of subjects. The opportunity to log in and watch the talk within the next seven days has also been helpful, if you are unable to view on the day.

Rhian Morgan, Institute of Genetics, Wales Gene Park, forwards information on Public Genetics and Genomics meetings programme which are available via Zoom.

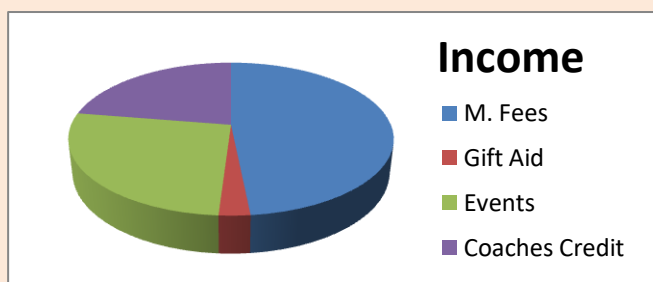
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Outlined below are the Income and Expenditure figures for 2020 - 2021

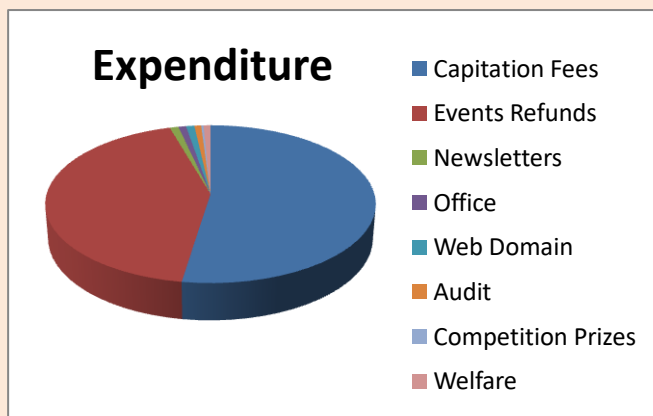
Income

Membership Fees	£1,715
Gift Aid Return	£92.50
Events	£940.56
Mainline Coaches Credit	£795.00



Expenditure

Capitation Fees	£2,450
Event Refunds	£2,010
Newsletters	£45.00
"Office"	£39.52
Web Domain	£43.02
Audit	£34.77
Competition Prizes	£11.98
Welfare	£36.24



The above figures for the financial year 2020 – 2021 (subject to final auditor's report) are very different to our normal "trading" year.

There is marked difference in membership fees, donations, fund raising activity etc.

This also contrasts with no expenditure on speakers, hall hire, raffle prizes, refreshments etc.

Current Balance £3,906.48

Membership Fees 2021 – 2022

To maintain viability of the branch, membership fees will be due from April 2021.

We understand that the current level of activity offered by our branch falls short of what you would normally expect from membership.

Unfortunately we have still to commit to continue to pay a national capitation fee.

To maintain our current balance the membership fee this year has been reduced to £10.

There is of course the possibility of branch activity returning perhaps in the Autumn of this year, fingers crossed!!

Payment of fees can be made in two ways:

1. Cheque made payable to "Cardiff NHS Retirement Fellowship" and posted to 79 Blackoak Road, Cyncoed, Cardiff CF23 6QU
2. Transfer on line to our branch account

Account No. 19641230

Sort Code 52-21-06

If paying on line, state your name & membership as payment identification.

